

Licensed to UW - Superior Track Hy-Tek's Meet Manager 1/27/2009 08:15 AM  
 Dairy Queen - 1/24/2009  
 Blizzard Open  
 UW-Superior  
 Results

Event 1 Mixed 1 Mile Run Masters

Name	Year	School	Seed	Finals
Meet Record: ! 5:00.90 1/24/2009 Jarrow Wahman, Unattached				
Field House: # 5:00.90 1/24/2009 Jarrow Wahman, Unattached				
Finals				
1 Wahman, Jarrow		M Unattached		5:00.90#
2 Koski, Jess		M Unattached		5:18.50
3 Johnson, Darrin		M Unattached		5:21.51

Event 4 Women 4x200 Meter Relay

Meet Record: ! 1:49.42 2006 UMD, UMD				
Price, Demulling, Demulling, Haak				
Field House: # 1:44.27 2008 UW-La Crosse, UW-La Crosse				
Steingraeber, Schaefer, Lasko, Duchow				
School Rec: \$ 1:48.59 2006 UWS, UWS				
Karbowski, Liberty, Miller, Tafs				
School			Seed	Finals
1 Minnesota-Duluth 'A'			1:49.00	1:50.50
2 Bemidji State 'A'				1:55.88
3 Uw-Superior 'A'				1:59.09

Event 5 Men 4x200 Meter Relay

Meet Record: ! 1:32.78 2007 Lakehead University, Lakehead University				
Hoggett, Larsen, Peddle, Lombardo				
Field House: # 1:30.85 2008 UW-Eau Claire, UW-Eau Claire				
Kupfer, White, Braunschweig, Ehasz				
School Rec: \$ 1:34.74 2007 UWS, UWS				
Eisenach, Hargrove, Sims, Kramer				
School			Seed	Finals
1 Bemidji State 'A'				1:35.75
2 Minnesota-Duluth 'A'			1:33.24	1:36.29
3 Uw-Superior 'A'			1:38.24	1:36.51
4 St. Scholastica 'A'			1:34.00	1:38.55

Event 6 Women 5000 Meter Run

Meet Record: ! 17:39.41 1/26/2008 Katie Koski, Unattached				
Field House: # 17:12.88 2008 Becca Jordahl, UW-River Falls				
School Rec: \$ 17:48.57 1997 Sarah Anderson, UWS				
Name	Year	School	Seed	Finals
1 Hines, Bridget		Minnesota-Du		18:45.23
2 Hines, Whitney		Minnesota-Du		18:50.49
3 Stack, Rachel		Minnesota-Du		19:05.98
4 Lovering, Jessie		St. Scholast	19:25.00	19:14.33
5 Humphreys, Laura		Minnesota-Du		21:47.14
6 Ballandby, Katie		Minnesota-Du	22:00.00	22:24.31

Event 7 Men 5000 Meter Run

Meet Record: ! 15:05.64 2007 Jeremy Polson, Unattached  
 Field House: # 14:43.73 2009 Willy Kaul, UW- Oshkosh  
 School Rec: \$ 15:28.19 2008 Jason Lindelof, UWS

Name	Year	School	Seed	Finals
1 Atkinson, Eric		Minnesota-Du	15:00.00	15:26.20
2 Kramer, Mike		Minnesota-Du	15:30.00	16:14.35
3 Bigaouette, Pat		St. Scholast		16:27.13
4 Padilla, Andres		Unattached	15:25.00	16:45.03
5 Lynch, Mike		Bemidji Stat		16:46.84
6 Gombos, Taylor		Uw-Superior		16:58.68
7 Trom, Dom		Bemidji Stat		17:20.83

Event 8 Women 60 Meter Hurdles

Meet Record: ! 9.32 2006 Autumn Valk, St. Mary's  
 Field House: # 9.32 2006 Autumn Valk, St. Mary's  
 School Rec: \$ 9.65 2006 Samantha Miller, UWS

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Dalton, Sarah		Bemidji Stat	9.37	9.69q	1
2 Hartje, Taylor		Minnesota-Du	9.88	9.96q	2
3 Walker, Pearl		Bemidji Stat	9.54	10.06q	2
4 Hartje, Ally		Minnesota-Du	9.88	10.17q	1
5 Aarestad, Alex		St. Scholast	9.92	10.45q	1
6 Sunnarborg, Amanda		Minnesota-Du	10.17	10.46q	2
7 Plaetz, Jennifer		St. Scholast	10.02	10.46q	2
8 Baillie, Alex		Minnesota-Du		11.08q	1
9 Severson, Megan		St. Scholast		11.45	1

Event 8 Women 60 Meter Hurdles

Meet Record: ! 9.32 2006 Autumn Valk, St. Mary's  
 Field House: # 9.32 2006 Autumn Valk, St. Mary's  
 School Rec: \$ 9.65 2006 Samantha Miller, UWS

Name	Year	School	Prelims	Finals
Finals				
1 Dalton, Sarah		Bemidji Stat	9.69	9.63
2 Hartje, Ally		Minnesota-Du	10.17	9.97
3 Walker, Pearl		Bemidji Stat	10.06	9.99
4 Aarestad, Alex		St. Scholast	10.45	10.18
5 Hartje, Taylor		Minnesota-Du	9.96	10.22
6 Sunnarborg, Amanda		Minnesota-Du	10.46	10.28
7 Plaetz, Jennifer		St. Scholast	10.46	10.33
8 Baillie, Alex		Minnesota-Du	11.08	11.13

Event 9 Men 60 Meter Hurdles

Meet Record: ! 8.38 1/26/2008 Seth Urtel, Minnesota Duluth  
 Field House: # 8.38 1/26/2008 Seth Urtel, Minnesota Duluth  
 School Rec: \$ 7.90 1977 Cole Nelson, UWS

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Knebel, John		Minnesota-Du	8.44	8.59q	1
2 Warmuth, Jimmy		Minnesota-Du	8.48	8.78q	2
3 Parno, Chris		Minnesota-Du	8.74	8.86q	1
4 Kean, Kevin		N. Michigan	8.80	9.16q	1
5 Schneider, Adam		Minnesota-Du	8.64	9.34q	2
6 Greiner, John		St. Scholast	9.42	9.55q	2

7 Knight, Jonny	Uw-Superior		9.66q	1
8 Bessler, Amos	Unattached	8.89	9.78q	2
9 Combs, Mike	St. Scholast	9.70	10.00	1
10 Baulke, Brian	Bemidji Stat	9.09	10.06	1
11 Revak, Matt	Bemidji Stat	9.33	10.55	2
12 Schoenberger, Mike	Minnesota-Du	9.04	10.64	1

Event 9 Men 60 Meter Hurdles

Meet Record: ! 8.38 1/26/2008 Seth Urtel, Minnesota Duluth  
 Field House: # 8.38 1/26/2008 Seth Urtel, Minnesota Duluth  
 School Rec: \$ 7.90 1977 Cole Nelson, UWS

Name	Year School	Prelims	Finals
Finals			
1 Knebel, John	Minnesota-Du	8.59	8.56
2 Warmuth, Jimmy	Minnesota-Du	8.78	8.61
3 Parno, Chris	Minnesota-Du	8.86	8.96
4 Schneider, Adam	Minnesota-Du	9.34	9.24
5 Greiner, John	St. Scholast	9.55	9.30
6 Kean, Kevin	N. Michigan	9.16	9.43
7 Bessler, Amos	Unattached	9.78	9.68
8 Knight, Jonny	Uw-Superior	9.66	9.72

Event 10 Women 60 Meter Dash

Meet Record: ! 8.04 1/26/2008 Kim Kaceric, Lakehead U  
 Field House: # 8.04 1/26/2008 Kim Kaceric, Lakehead U  
 School Rec: \$ 8.07 2005 Lindsay Tafs, UWS

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Haak, Kristin	Minnesota-Du	8.14	8.17q	2
2 Bock, Laura	Minnesota-Du	8.17	8.21q	2
3 Laudon, Caitlin	Minnesota-Du	8.08	8.25q	1
4 Johnson, Samantha	St. Scholast	8.33	8.53q	1
5 Griffin, Jennifer	Minnesota-Du	8.48	8.55q	2
6 Belger, Megan	Uw-Superior		8.56q	1
7 Hanson, Tasha	St. Scholast	8.53	8.65q	2
8 Schmitz, Laura	Minnesota-Du	8.64	8.67q	1
9 Ostrom, Cassie	Lakehead Uni		8.82	1
10 DeVoe, Eliza	St. Scholast		8.88	2
11 Rockwell, Katie	St. Scholast		9.01	1
12 Vilcek, Julie	Lakehead Uni		9.59	2

Event 10 Women 60 Meter Dash

Meet Record: ! 8.04 1/26/2008 Kim Kaceric, Lakehead U  
 Field House: # 8.04 1/26/2008 Kim Kaceric, Lakehead U  
 School Rec: \$ 8.07 2005 Lindsay Tafs, UWS

Name	Year School	Prelims	Finals
Finals			
1 Haak, Kristin	Minnesota-Du	8.17	8.15
2 Laudon, Caitlin	Minnesota-Du	8.25	8.23
3 Bock, Laura	Minnesota-Du	8.21	8.25
4 Johnson, Samantha	St. Scholast	8.53	8.56
5 Griffin, Jennifer	Minnesota-Du	8.55	8.56
6 Belger, Megan	Uw-Superior	8.56	8.63
7 Schmitz, Laura	Minnesota-Du	8.67	8.65
8 Hanson, Tasha	St. Scholast	8.65	8.75

## Event 11 Men 60 Meter Dash

Meet Record: !	6.90	2006	LaShawn Bullock, Unattached		
Field House: #	6.90	2006	LaShawn Bullock, Unattached		
School Rec: \$	7.19	1/26/2008	Grady Milesko, UW-Superior		
Name		Year	School	Seed	Prelims H#

## Preliminaries

1	Cora, Garrett		St. Scholast	7.12	7.11q	4
2	Kjolsing, Daniel		Minnesota-Du	7.14	7.25q	4
3	Randall, Forrest		Minnesota-Du	7.14	7.28q	5
3	Ott, Brian		Minnesota-Du	7.14	7.28q	5
5	Rancourt, Joe		Minnesota-Du	7.24	7.34q	1
6	Nooker, Kyle		Bemidji Stat	7.02	7.35q	2
7	Booth, Wendell		St. Scholast	7.30	7.40q	2
8	Parno, Chris		Minnesota-Du		7.46q	3
9	Claiborne, Justin		Minnesota-Du	7.44	7.47	4
10	Etchison, Kurt		Bemidji Stat	7.20	7.49	2
11	Dekan, Joe		Minnesota-Du	7.34	7.50	3
12	Wakefield, Beau		Bemidji Stat	7.22	7.53	1
13	Warmuth, Jimmy		Minnesota-Du		7.54	4
14	Belger, Todd		St. Scholast		7.57	3
15	Hendrix, Grayson		Minnesota-Du	7.54	7.58	4
16	Gelo, Raphael		Unattached	7.18	7.64	3
16	Anderson, Dexter		St. Scholast	7.53	7.64	5
18	Houghton, Tyler		Uw-Superior		7.66	2
19	Brown, Brandon		Lakehead Uni	7.64	7.68	3
20	Henagin, Chris		St. Scholast	7.70	7.73	2
21	Johnson, Matt		St. Scholast		7.78	4
22	Vaughan, Brandan		St. Scholast	7.75	7.84	1
23	Warren, Rob		Uw-Superior		7.99	5
24	DeBock, Brandon		St. Scholast	7.75	8.08	1
25	Homan, Pat		Unattached		8.15	5
26	Kaplan, Mike		St. Scholast		8.20	2
27	Abraham, Nic		Bemidji Stat	7.48	8.33	5
--	Bofferding, Sam		Bemidji Stat	7.11	DNF	3

## Event 11 Men 60 Meter Dash

Meet Record: !	6.90	2006	LaShawn Bullock, Unattached		
Field House: #	6.90	2006	LaShawn Bullock, Unattached		
School Rec: \$	7.19	1/26/2008	Grady Milesko, UW-Superior		
Name		Year	School	Prelims	Finals

## Finals

1	Cora, Garrett		St. Scholast	7.11	7.16
2	Kjolsing, Daniel		Minnesota-Du	7.25	7.17
3	Ott, Brian		Minnesota-Du	7.28	7.26
4	Randall, Forrest		Minnesota-Du	7.28	7.37
5	Rancourt, Joe		Minnesota-Du	7.34	7.42
6	Booth, Wendell		St. Scholast	7.40	7.51

## Event 12 Women 1 Mile Run

Meet Record: !	5:07.74	1/24/2009	Liz Palkie, Minnesota Duluth		
Field House: #	4:53.07	2008	Marica Taddy, UW-Platteville		
School Rec: \$	5:11.61	1/26/2008	Katee Rosburg, UW-Superior		
Name		Year	School	Seed	Finals

1	Palkie, Liz		Minnesota-Du	5:10.00	5:07.74!
2	Place, Morgan		Minnesota-Du	5:10.00	5:09.50
3	Rosburg, Katee		Uw-Superior	5:15.00	5:22.94

4	Hanzal, Rachel	Minnesota-Du	5:28.00	5:28.22
5	Wardell, Carrie	Minnesota-Du	5:35.00	5:32.57
6	DeGrote, Jodi	Minnesota-Du	5:40.00	5:39.25
7	Bishop, Molly	Minnesota-Du		5:59.76
8	Hinzmann, Natasha	Uw-Superior		6:01.67
9	Steinbring, Carla	Minnesota-Du		6:20.21
10	Heinks, Nicole	Minnesota-Du		6:22.50
11	DeLong, Amanda	Minnesota-Du		6:26.29

Event 13 Men 1 Mile Run

Meet Record: ! 4:26.01 1/24/2009 Matt Kramer, Unattached  
 Field House: # 4:10.78 2008 Tyler Sigl, UW-Platteville  
 School Rec: \$ 4:16.13 2008 Matt Kramer, UWS

Name	Year	School	Seed	Finals	
1		Kramer, Matt	Unattached	4:30.00	4:26.01!
2		Holmberg, Jonas	Lakehead Uni	4:25.40	4:28.06
3		Witiluk, David	Lakehead Uni	4:31.60	4:28.88
4		Pucci, Tony	Unattached	4:34.60	4:33.08
5		Davis, Jared	Unattached	4:38.44	4:35.57
6		Finnerty, Mike	Minnesota-Du	4:27.00	4:37.75
7		Neumann, Seth	Uw-Superior	4:38.00	4:42.03
8		Hartsell, Abe	Bemidji Stat	4:48.33	4:46.01
9		Turman, Jake	St. Scholast	4:36.30	4:46.93
10		Noll, Adam	Unattached	4:38.00	4:48.69
11		Varty, Zach	Minnesota-Du		4:49.76
12		Diedrich, Pat	Bemidji Stat	4:52.03	5:04.15
13		Bollman, Chad	N. Michigan	4:50.00	5:09.34
14		Kollmann, Adam	St. Scholast		5:14.55
15		Smith, Kyle	St. Scholast		5:15.56
16		Zbikowski, John	Minnesota-Du		5:20.85
17		Chase, Lucas	Bemidji Stat	5:00.00	5:27.11
18		Kay, David	N. Michigan	5:10.00	5:41.67

Event 14 Women 400 Meter Dash

Meet Record: ! 59.84 1/26/2008 Kristi Buerkle, Bemidji State  
 Field House: # 57.80 2008 Liz Kooistra, UW-Eau Claire  
 School Rec: \$ 58.42 2006 Lindsay Tafs, UWS

Name	Year	School	Seed	Finals	
1		Wendt, Alyssa	Minnesota-Du	59.04	1:00.18
2		Hanson, Chelsea	Minnesota-Du	1:03.64	1:04.33
3		Maras, Kirsten	Bemidji Stat	1:03.88	1:04.55
4		Halverson, Jenna	Uw-Superior	1:03.40	1:04.91
5		Johnson, Samantha	Bemidji Stat	1:06.32	1:11.57

Event 15 Men 400 Meter Dash

Meet Record: ! 50.64 2007 Jared Lazer, St. Cloud State  
 Field House: # 49.39 2008 Nick VerDuin, UW-Stevens Point  
 School Rec: \$ 49.98 1977 Roger Smith, UWS

Name	Year	School	Seed	Finals	H#	
1		Lustig, Scott	Unattached	51.94	51.85	1
2		Carlson, Spencer	Minnesota-Du	53.04	52.82	1
3		Olson, Lukas	St. Scholast	52.70	54.30	1
4		Bofferding, Sam	Bemidji Stat	51.42	54.37	1
5		Bennett, Jon	St. Scholast	54.50	55.18	2
6		Tatinger, Rob	Uw-Superior		55.72	2
7		Schauer, Eric	Unattached	54.33	57.19	2

Event 16 Women 600 Meter Run

Meet Record: ! 1:40.04 1/24/2009 Kristi Buerkle, Bemidji State  
 Field House: # 1:40.04 1/24/2009 Kristi Buerkle, Bemidji State  
 School Rec: \$ 1:38.45 2008 Katee Rosburg, UWS

Name	Year	School	Seed	Finals
1 Buerkle, Kristi		Bemidji Stat	1:38.44	1:40.04#
2 Van Every, Liz		Lakehead Uni	1:40.00	1:40.85
3 Hughes, Nicole		St. Scholast	1:45.00	1:45.45
4 Tyllia, Chelsey		Minnesota-Du	1:43.00	1:46.35
5 Hougen, Alison		Bemidji Stat	1:45.22	1:56.58

Event 17 Men 600 Meter Run

Meet Record: ! 1:22.76 1/24/2009 Alex Tuttle, St. Scholastica  
 Field House: # 1:22.17 2007 Matt Kramer, UW-Superior  
 School Rec: \$ 1:21.99 2006 Matt Kramer, UWS

Name	Year	School	Seed	Finals
1 Tuttle, Alex		St. Scholast	1:23.00	1:22.76!
2 Hughes, Louis		Minnesota-Du	1:26.04	1:26.55
3 Dahl, Josh		Minnesota-Du	1:26.24	1:27.20
4 Jenson, Robbie		Minnesota-Du	1:28.84	1:28.07

Event 18 Women 800 Meter Run

Meet Record: ! 2:25.15 1/26/2008 Alyssa Wendt, Minnesota Duluth  
 Field House: # 2:10.35 2008 Marcia Taddy, UW-Platteville  
 School Rec: \$ 2:15.97 2008 Katee Rosburg, UWS

Name	Year	School	Seed	Finals
1 SanCartier, Michelle		Minnesota-Du	2:26.00	2:27.01
2 DeGrote, Jodi		Minnesota-Du	2:27.54	2:29.07
3 Wendt, Alyssa		Minnesota-Du	2:20.00	2:29.99
4 Connolly, Tara		St. Scholast	2:28.00	2:30.43

Event 19 Men 800 Meter Run

Meet Record: ! 1:56.03 1/26/2008 Alex Tuttle, St. Scholastica  
 Field House: # 1:54.41 2008 Aron Kehoe, UW-Whitewater  
 School Rec: \$ 1:52.70 2008 Matt Kramer, UWS

Name	Year	School	Seed	Finals
1 Johnston, Dillon		Minnesota-Du	2:00.44	2:00.26
2 Witoluk, David		Lakehead Uni		2:02.59
3 Bischof, Stefan		Bemidji Stat	2:02.88	2:04.82
4 Murat, Steven		Minnesota-Du	2:02.54	2:05.61
5 Lange, Tyler		Bemidji Stat	2:01.33	2:05.68
6 Helgeson, Thearon		Minnesota-Du	2:05.54	2:05.79
7 Neumann, Seth		Uw-Superior		2:06.42
8 Hartsell, Abe		Bemidji Stat	2:02.22	2:11.77
9 Turman, Ben		St. Scholast		2:22.71

Event 20 Women 1000 Meter Run

Meet Record: ! 3:03.55 1/26/2008 Loriana Costanzo, Lakehead U  
 Field House: # 3:03.55 1/26/2008 Loriana Costanzo, Lakehead U  
 School Rec: \$ 3:05.22 2008 Katee Rosburg, UWS

Name	Year	School	Seed	Finals
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1 Palkie, Liz	Minnesota-Du	3:00.00	3:04.27
2 Hanzal, Rachel	Minnesota-Du	3:13.00	3:08.40
3 Halverson, Jenna	Uw-Superior	3:13.00	3:09.29
4 Wardell, Carrie	Minnesota-Du	3:14.00	3:12.08

Event 21 Men 1000 Meter Run

Meet Record: ! 2:33.50 1/24/2009 Alastair Brown, Lakehead U  
 Field House: # 2:33.50 1/24/2009 Alastair Brown, Lakehead U  
 School Rec: \$ 2:32.61 2006 Matt Kramer, UWS

Name	Year School	Seed	Finals
1 Brown, Alastair	Lakehead Uni	2:32.60	2:33.50#
2 Bjorhus, Jordan	Minnesota-Du	2:36.54	2:36.72
3 Bjorhus, Tyler	Minnesota-Du	2:36.54	2:38.32
4 Asmussen, Mike	Lakehead Uni	2:39.50	2:41.17
5 Diedrich, Pat	Bemidji Stat	2:42.07	2:58.73

Event 22 Women 200 Meter Dash

Meet Record: ! 26.93 2005 Lindsay Tafs, UW-Superior  
 Field House: # 25.43 2008 Brooke Bell, UW-Whitewater  
 School Rec: \$ 26.01 2005 Lindsay Tafs, UWS

Name	Year School	Seed	Finals	H#
1 Pottinger, Traci	Minnesota-Du	27.04	27.77	1
2 Johnson, Samantha	St. Scholast	27.79	28.02	1
3 Laudon, Caitlin	Minnesota-Du	27.24	28.32	1
4 Griffin, Jennifer	Minnesota-Du		29.13	2
5 Hanson, Chelsea	Minnesota-Du	28.24	29.75	1
6 Ebnet, Gina	Minnesota-Du	29.00	30.64	2
7 DeVoe, Eliza	St. Scholast	28.80	30.95	2
8 Vilcek, Julie	Lakehead Uni		32.52	2
-- Hanson, Tasha	St. Scholast	28.40	NT	1

Event 23 Men 200 Meter Dash

Meet Record: ! 22.57 2006 Robert Haynes, Michigan Tech  
 Field House: # 22.13 2008 Nick VerDuin, UW-Stevens Point  
 School Rec: \$ 23.32 2007 Nathaniel Hargrove, UWS

Name	Year School	Seed	Finals	H#
1 Lustig, Scott	Unattached	23.24	23.20	1
2 Kjolsing, Daniel	Minnesota-Du	23.04	23.51	1
3 Johnson, Samora	St. Scholast	23.30	23.94	1
4 Rancourt, Joe	Minnesota-Du	24.04	24.25	2
5 Evans, Tony	St. Scholast	24.22	24.32	2
6 Etchison, Kurt	Bemidji Stat	23.81	24.36	1
7 Hassel, Tyler	St. Scholast	24.22	24.41	2
8 Claiborne, Justin	Minnesota-Du	24.92	24.67	3
9 Wakefield, Beau	Bemidji Stat	24.22	24.67	2
10 Anderson, Dexter	St. Scholast	24.70	24.99	3
11 Dekan, Joe	Minnesota-Du	24.34	25.07	3
12 Brown, Brandon	Lakehead Uni	24.00	25.20	2
13 Henagin, Chris	St. Scholast	25.00	25.46	4
14 Fangman, Kal	Uw-Superior		25.48	5
15 Vaughan, Brandan	St. Scholast	25.20	25.59	4
16 Moore, Jacob	Bemidji Stat	25.32	26.08	4
17 Revak, Matt	Bemidji Stat	25.66	26.37	4
18 Kaplan, Mike	St. Scholast		26.63	5
19 Anderson, Chris	Minnesota-Du		26.94	5
20 Abraham, Nic	Bemidji Stat	25.12	27.42	4

## Event 24 Women 300 Meter Dash

Meet Record: ! 42.50 1/24/2009 Kristin Haak, Minnesota Duluth  
 Field House: # 42.50 1/24/2009 Kristin Haak, Minnesota Duluth  
 School Rec: \$ 43.77 2008 Megan Belger, UWS

Name	Year	School	Seed	Finals	H#
1 Haak, Kristin		Minnesota-Du	42.94	42.50#	1
2 Ivec, Vanessa		Lakehead Uni	43.60	43.67	1
3 Bock, Laura		Minnesota-Du	45.24	43.83	1
4 Belger, Megan		Uw-Superior	43.19	44.14	1
5 Kok, Rebekah		Minnesota-Du	46.00	45.32	1
6 Johnson, Kelsey		Uw-Superior		47.54	2
7 Ostrom, Cassie		Lakehead Uni	48.50	48.62	2
8 Schmidt, Krissy		Uw-Superior		49.46	2

## Event 25 Men 300 Meter Dash

Meet Record: ! 36.24 1/24/2009 Brian Ott, Minnesota Duluth  
 Field House: # 36.25 1/24/2009 Brian Ott, Minnesota Duluth  
 School Rec: \$ 36.70 2007 Nathaniel Hargrove, UWS

Name	Year	School	Seed	Finals	H#
1 Ott, Brian		Minnesota-Du	36.64	36.25#	1
2 Parno, Chris		Minnesota-Du	36.84	37.85	1
3 Hendrix, Grayson		Minnesota-Du	39.04	38.09	2
4 Hermanson, Will		Uw-Superior	38.50	38.69	2
5 Carlson, Spencer		Minnesota-Du	38.34	38.80	1
6 Kucza, Chad		Uw-Superior		39.00	2
7 Tatinger, Rob		Uw-Superior		39.47	2
8 Halverson, Evan		Uw-Superior		39.71	2

## Event 26 Women 3000 Meter Run

Meet Record: ! 10:10.44 1/24/2009 Morgan Place, Minnesota Duluth  
 Field House: # 9:56.46 2008 Becca Jordahl, UW-River Falls  
 School Rec: \$ 10:13.85 1997 Sarah Anderson, UWS

Name	Year	School	Seed	Finals
1 Place, Morgan		Minnesota-Du		10:10.44!
2 Alaimo, Lisa		Lakehead Uni	10:59.90	11:01.06
3 Quirion, Hilary		Lakehead Uni	11:05.20	11:06.96
4 Iserhoff, Kaylie		Lakehead Uni	11:15.40	11:21.00
5 McLean, Melanie		Lakehead Uni	11:32.20	11:21.36
6 Marble, Taylor		Minnesota-Du		11:43.71
7 Asmussen, Christina		Lakehead Uni	11:30.80	11:53.45
-- Becker, Brittany		Bemidji Stat		DNF

## Event 27 Men 3000 Meter Run

Meet Record: ! 8:34.05 1/26/2008 Jeremy Polson, Unattached  
 Field House: # 8:34.05 1/26/2008 Jeremy Polson, Unattached  
 School Rec: \$ 8:46.35 1999 Pete Kreminski, UWS

Name	Year	School	Seed	Finals
1 Scott, Behling		Unattached		9:23.49
2 Davis, Jared		Unattached	9:03.22	9:27.43
3 Rolling, Ray		Minnesota-Du	9:45.00	9:29.93
4 Peterson, Jordan		Uw-Superior	9:45.00	9:31.77
5 Anderson, Cole		Lakehead Uni	9:28.20	9:35.89
6 Venaas, Matt		Minnesota-Du	9:35.00	9:41.34

7 Moore, Dustin	Lakehead Uni	9:35.60	9:44.00
8 Kyle, Larson	Minnesota-Du	9:24.00	9:57.27
9 Kimpling, Paul	Unattached		9:57.28
10 Bollman, Chad	N. Michigan	9:45.00	10:00.94
11 Smith, Kyle	St. Scholast		10:42.72
12 Chase, Lucas	Bemidji Stat	10:30.99	10:57.44

Event 28 Women 4x400 Meter Relay

Meet Record: ! 4:06.91 1/26/2008 Univeristy of Minnesota-Duluth, Minnesota  
 Field House: # 3:57.89 2008 UW-Eau Claire, UW-Eau Claire  
 Bronger, Saager, Peloquin, Kooistra  
 School Rec: \$ 4:09.44 2008 UWS, UWS  
 Halverson, Hudack, Belger, Rosburg

School	Seed	Finals
1 Minnesota-Duluth 'A'	4:09.00	4:07.60
2 Bemidji State 'A'	4:20.44	4:17.50
3 St. Scholastica 'A'	4:15.00	4:19.20
4 Minnesota-Duluth 'C'	4:24.00	4:19.21
5 Minnesota-Duluth 'B'	4:16.00	4:21.08
6 Lakehead University 'A'		4:31.98

Event 29 Men 4x400 Meter Relay

Meet Record: ! 3:27.85 2007 UMD, UMD  
 Ubbelohde, Klopp, Anderson, Randall  
 Field House: # 3:22.20 2008 UW-Stevens Point, UW-Stevens Point  
 Koback, Lang, Schwinn, VerDuin  
 School Rec: \$ 3:25.22 2007 UWS, UWS  
 Eisenach, Hargrove, Sims, Kramer

School	Seed	Finals
1 St. Scholastica 'A'	3:32.00	3:29.92
2 Minnesota-Duluth 'C'	3:36.00	3:30.23
3 Minnesota-Duluth 'B'	3:32.00	3:34.17
4 Minnesota-Duluth 'A'	3:27.00	3:34.80
5 Bemidji State 'A'	3:35.09	3:35.89
6 Lakehead University 'A'		3:41.54

Event 30 Women Weight Throw

Meet Record: ! 16.09m 1/24/2009 Cassie Corrigan, Minnesota-Du  
 Field House: # 16.59m 2008 Amy Morse / Ellie Sitek, UW-Eau Claire/UW-O  
 School Rec: \$ 14.50m 2008 Alicia Bourget, UWS

Name	Year School	Seed	Finals
1 Corrigan, Cassie	Minnesota-Du	15.54m	16.09m! 52-09.50
2 Swanson, Maria	Minnesota-Du	15.29m	14.82m 48-07.50
3 Kelsey, Missy	Bemidji Stat	14.70m	14.72m 48-03.50
4 Froelich, Justina	Minnesota-Du	14.52m	14.35m 47-01.00
5 Bourget, Alicia	Uw-Superior	12.53m	13.02m 42-08.75
6 Smith, Melissa	Minnesota-Du	13.41m	12.94m 42-05.50
7 Crane, Elizabeth	Minnesota-Du	11.88m	12.75m 41-10.00
8 Mickolichek, Chelsey	Minnesota-Du	13.10m	12.53m 41-01.50
9 Suikhonen, Betty	St. Scholast	11.10m	11.91m 39-01.00
10 Seeley, Alec	St. Scholast	12.82m	11.83m 38-09.75
11 Stroh, Megan	Minnesota-Du	10.36m	11.10m 36-05.00
12 Olson, Tessa	Minnesota-Du	10.36m	10.38m 34-00.75
13 Johns, Jamie	Lakehead Uni		8.22m 26-11.75

Event 31 Men Weight Throw

Meet Record: ! 19.92m 2007 Adam Schnaible, University of Minnesota  
 Field House: # 19.92m 2007 Adam Schaible, University of Minnesota  
 School Rec: \$ 14.25m 2007 Sam Maday, UWS

Name	Year	School	Seed	Finals
1 Soldner, Tom		Minnesota-Du	16.51m	15.94m 52-03.75
2 Martinson, James		Unattached		14.96m 49-01.00
3 Maday, Sam		Uw-Superior	12.42m	13.88m 45-06.50
4 Ditsworth, Josh		St. Scholast	13.11m	13.82m 45-04.25
5 Leohardt, Brian		Bemidji Stat		13.65m 44-09.50
6 Lyscio, Tom		St. Scholast	12.94m	13.57m 44-06.25
7 Martinsen, Ben		Minnesota-Du	14.02m	13.28m 43-07.00
8 Robinson, Logan		Bemidji Stat	13.61m	13.16m 43-02.25
9 Anderson, Matt		Bemidji Stat	12.87m	12.90m 42-04.00
10 Strange, Jake		Minnesota-Du		11.79m 38-08.25
11 Howard, John		St. Scholast	10.97m	10.95m 35-11.25
12 Cook, Ben		Unattached		10.49m 34-05.00
13 Campbell, Cody		Bemidji Stat	12.19m	10.43m 34-02.75
14 Robinson, Justin		Lakehead Uni		9.70m 31-10.00
15 Leuty, Ryan		Lakehead Uni		8.30m 27-02.75

Event 32 Women Long Jump

Meet Record: ! 5.33m 1/24/2009 Traci Pottinger, Minnesota-Du  
 Field House: # 5.70m 2008 Katie Fondow, UW-La Crosse  
 School Rec: \$ 5.73m 2002 Sarah Moravchik, UWS

Name	Year	School	Seed	Finals
1 Pottinger, Traci		Minnesota-Du	5.18m	5.33m! 17-06.00
2 Hudack, Nancy		Uw-Superior	5.17m	5.15m 16-10.75
3 Laudon, Caitlin		Minnesota-Du	5.18m	5.08m 16-08.00
4 Schmitz, Laura		Minnesota-Du	4.77m	4.93m 16-02.25
5 Bock, Laura		Minnesota-Du	4.77m	4.55m 14-11.25
6 Anderson, Erin		St. Scholast		4.53m 14-10.50
7 Walker, Pearl		Bemidji Stat	4.62m	4.34m 14-03.00
8 Rockwell, Katie		St. Scholast		4.23m 13-10.50
9 Hougen, Alison		Bemidji Stat	4.34m	4.20m 13-09.50
10 Domitrovich, Katelin		St. Scholast		4.19m 13-09.00
11 Quick, Cassie		Minnesota-Du		4.09m 13-05.00

Event 33 Men Long Jump

Meet Record: ! 6.71m 2007 R.J. McGinnis, St. Cloud State  
 Field House: # 6.95m 2008 Bruce Zalad, UW-Whitewater  
 School Rec: \$ 6.92m 2008 Grady Milesko, UWS

Name	Year	School	Seed	Finals
1 Booth, Wendell		St. Scholast	6.98m	6.61m 21-08.25
2 Kean, Kevin		N. Michigan	6.20m	6.20m 20-04.25
3 Warmuth, Jimmy		Minnesota-Du	6.40m	6.16m 20-02.50
4 Wagner, Paul		Bemidji Stat	5.99m	6.02m 19-09.00
5 Beidleman, Brock		Bemidji Stat	5.91m	5.95m 19-06.25
6 Halverson, Evan		Uw-Superior		5.92m 19-05.25
7 Dennis, Marcus		Bemidji Stat	6.14m	5.88m 19-03.50
8 Gelo, Raphael		Unattached	6.01m	5.83m 19-01.50
9 DeBock, Brandon		St. Scholast	5.93m	5.68m 18-07.75
9 Brown, Brandon		Lakehead Uni		5.68m 18-07.75
11 Anderson, Chris		Minnesota-Du	5.79m	5.52m 18-01.50
12 Bahr, Nate		Bemidji Stat	5.99m	5.49m 18-00.25
13 Houghton, Tyler		Uw-Superior		5.48m 17-11.75
14 Schnurrer, Dave		Uw-Superior	5.30m	5.20m 17-00.75

Event 34 Women Pole Vault

Meet Record: ! 3.21m 1/24/2009 Maria Bellinger, Minnesota-Du  
 Field House: # 3.81m 2008 Pam Sellberg, UW-Stout  
 School Rec: \$ 3.12m 2006 Shelley Balcer, UWS

Name	Year	School	Seed	Finals
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1	Bellinger, Maria	Minnesota-Du	3.04m	3.21m!	10-06.25
2	Martell, Nikki	Minnesota-Du		2.61m	8-06.75
3	Cobb, Kendra	Unattached	2.74m	2.61m	8-06.75
4	Andresen, Caren	St. Scholast	2.30m	2.46m	8-00.75
5	Preble, Chelsea	Bemidji Stat	2.74m	2.46m	8-00.75
6	Norman, Lyndsae	Bemidji Stat	2.59m	2.16m	7-01.00
7	Nussbaum, Kaitlyn	St. Scholast	2.30m	2.16m	7-01.00
--	Ebnet, Gina	Minnesota-Du	3.04m	NH	

Event 35 Men Pole Vault

Meet Record: ! 4.57m 1/26/2008 Jason Beutz, Minnesota Duluth  
 Field House: # 4.85m 2008 Scott Howard / Mark Cufaude, UW-Platte./UW-S  
 School Rec: \$ 4.62m 2000 Jace Porter, UWS

Name	Year	School	Seed	Finals
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1	Carhoun, Scott	Power Bar		4.27m	14-00.00
2	Gelo, Rhegy	Bemidji Stat	4.49m	4.27m	14-00.00
3	Etchison, Kurt	Bemidji Stat	4.19m	4.12m	13-06.25
4	Gelo, Raphael	Unattached	4.34m	4.12m	13-06.25
5	Ogard, Adam	St. Scholast	3.81m	3.96m	12-11.75
6	Rodgers, Darren	Minnesota-Du	3.96m	3.96m	12-11.75
7	Drotts, Mitch	Bemidji Stat	3.88m	3.81m	12-06.00
8	Johnson, Tim	Minnesota-Du	4.11m	3.65m	11-11.75
9	Warmuth, Jimmy	Minnesota-Du		3.06m	10-00.50
--	Beutz, Jason	Unattached	4.41m	NH	

Event 36 Women High Jump

Meet Record: ! 1.61m 2005 Ashley Dingels, St. Mary's  
 Field House: # 1.67m 2008 Sam Meyer, UW-Stout  
 School Rec: \$ 1.67m 2005 Samantha Miller, UWS

Name	Year	School	Seed	Finals
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1	Bode, Angela	Minnesota-Du	1.52m	1.50m	4-11.00
2	Domitrovich, Katelin	St. Scholast	1.50m	1.45m	4-09.00
3	Anderson, Erin	St. Scholast	1.50m	1.45m	4-09.00
4	Hartje, Ally	Minnesota-Du	1.52m	1.40m	4-07.00
5	Cobb, Kendra	Unattached	1.47m	1.35m	4-05.00
6	Wise, Whitney	Uw-Superior		1.30m	4-03.25
--	Johnson, Kelsey	Uw-Superior		NH	
--	Hartje, Taylor	Minnesota-Du	1.52m	NH	

Event 37 Men High Jump

Meet Record: ! 1.95m 2005 Jason Sydejko, UMD  
 Field House: # 1.97m 2008 Dave Stauder, UW-Oshkosh  
 School Rec: \$ 1.88m 1971 Terry Light, Olson, UWS

Name	Year	School	Seed	Finals
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1	Wagner, Paul	Bemidji Stat	1.87m	1.80m	5-10.75
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2	Knebel, John	Minnesota-Du	1.82m	1.75m	5-08.75
2	Dennis, Marcus	Bemidji Stat	1.93m	1.75m	5-08.75
4	Schneider, Adam	Minnesota-Du	1.87m	1.75m	5-08.75
5	Beidleman, Brock	Bemidji Stat	1.77m	1.70m	5-07.00
5	Bessler, Amos	Unattached	1.82m	1.70m	5-07.00
7	Bennett, Jon	St. Scholast	1.85m	1.70m	5-07.00
8	Kucza, Chad	Uw-Superior		1.65m	5-05.00
9	Lundgren, Brent	Unattached		1.65m	5-05.00
9	Baulke, Brian	Bemidji Stat	1.82m	1.65m	5-05.00
11	Jennings, Jeff	St. Scholast	1.80m	1.65m	5-05.00
11	Kimpling, Paul	Unattached		1.65m	5-05.00
--	Homan, Pat	Unattached		NH	

Event 38 Women Shot Put

Meet Record: ! 14.80m 2007 Sheena Devine, Bemidji State University  
 Field House: # 14.80m 2007 Sheena Devine, Bemidji State University  
 School Rec: \$ 12.02m 2008 Alicia Bourget, UWS

Name	Year	School	Seed	Finals
1	Swanson, Maria	Minnesota-Du	12.19m	12.17m 39-11.25
2	Crane, Elizabeth	Minnesota-Du	12.54m	11.74m 38-06.25
3	Fandry, Libby	Minnesota-Du	11.27m	11.61m 38-01.25
4	Bourget, Alicia	Uw-Superior	11.34m	11.33m 37-02.25
5	Seeley, Alec	St. Scholast	10.83m	11.08m 36-04.25
6	Smith, Melissa	Minnesota-Du	11.58m	10.99m 36-00.75
7	Mickolichuk, Chelsey	Minnesota-Du	10.97m	10.88m 35-08.50
8	Johns, Jamie	Lakehead Uni		10.43m 34-02.75
9	Stroh, Megan	Minnesota-Du	10.05m	9.30m 30-06.25
10	Olson, Tessa	Minnesota-Du	10.05m	9.22m 30-03.00
11	Hartje, Ally	Minnesota-Du		9.21m 30-02.75
12	Bellinger, Maria	Minnesota-Du		9.14m 30-00.00
13	Suikhonen, Betty	St. Scholast	9.14m	8.58m 28-01.75
14	Hartje, Taylor	Minnesota-Du		8.43m 27-08.00

Event 39 Men Shot Put

Meet Record: ! 17.08m 2006 Joe Remitz, Bemidji State University  
 Field House: # 17.08m 2006 Joe Remitz, Bemidji State University  
 School Rec: \$ 17.01m 1970 Doug Sutherland, UWS

Name	Year	School	Seed	Finals
1	Martinson, James	Unattached		14.97m 49-01.50
2	Anderson, Matt	Bemidji Stat	13.48m	13.99m 45-10.75
3	Pohlman, David	N. Michigan	13.00m	13.42m 44-00.50
4	Leohardt, Brian	Bemidji Stat		13.08m 42-11.00
5	Klein, Ken	Bemidji Stat	12.52m	12.69m 41-07.75
6	Campbell, Cody	Bemidji Stat	12.87m	12.32m 40-05.00
7	Lyscio, Tom	St. Scholast	13.91m	12.27m 40-03.25
8	Kelly, Cameron	N. Michigan	12.00m	12.21m 40-00.75
9	Maday, Sam	Uw-Superior	12.19m	12.14m 39-10.00
10	Strange, Jake	Minnesota-Du		11.77m 38-07.50
11	Howard, John	St. Scholast	12.00m	11.46m 37-07.25
12	Robinson, Justin	Lakehead Uni	12.02m	11.43m 37-06.00
13	Norton, Cody	N. Michigan	12.37m	11.34m 37-02.50
14	Parno, Chris	Minnesota-Du		10.58m 34-08.50
15	Cook, Ben	Unattached		9.54m 31-03.75
16	Warmuth, Jimmy	Minnesota-Du		8.62m 28-03.50
17	Leuty, Ryan	Lakehead Uni		8.25m 27-01.00

Event 40 Women Triple Jump

Meet Record: ! 10.94m 2006 Jessica Miron, Michigan Tech  
 Field House: # 11.34m 2008 Caitlin Schetter, UW-La Crosse  
 School Rec: \$ 10.48m 2008 Nancy Hudack, UWS

Name	Year	School	Seed	Finals
1 Hartje, Ally		Minnesota-Du	10.66m	10.73m 35-02.50
2 Schmitz, Laura		Minnesota-Du		10.58m 34-08.50
3 Hartje, Taylor		Minnesota-Du	10.51m	10.46m 34-04.00
4 Ebnet, Gina		Minnesota-Du		9.80m 32-02.00
5 Bode, Angela		Minnesota-Du		9.62m 31-06.75
6 Wise, Whitney		Uw-Superior		9.34m 30-07.75
7 Quick, Cassie		Minnesota-Du		9.09m 29-10.00
-- Laudon, Caitlin		Minnesota-Du	10.97m	ND

Event 41 Men Triple Jump

Meet Record: ! 13.59m 2007 Steve Milkovich, UMD  
 Field House: # 14.43m 2008 James Simms, UW-Oshkosh  
 School Rec: \$ 13.83m 1987 Greg White, UWS

Name	Year	School	Seed	Finals
1 Schneider, Adam		Minnesota-Du	12.49m	12.58m 41-03.25
2 Bahr, Nate		Bemidji Stat	12.39m	12.30m 40-04.25
3 Anderson, Dexter		St. Scholast	11.62m	11.89m 39-00.25
4 Bessler, Amos		Unattached	12.39m	11.84m 38-10.25
5 Kean, Kevin		N. Michigan	12.80m	11.78m 38-07.75
6 Schnurrer, Dave		Uw-Superior		11.17m 36-07.75
7 Anderson, Chris		Minnesota-Du		10.66m 34-11.75

Event 42 Women 200 Meter Hurdles

Meet Record: ! 30.06 2006 Autumn Valk, St. Mary's  
 Field House: # 30.06 2006 Autumn Valk, St. Mary's

Name	Year	School	Seed	Finals	H#
1 Aarestad, Alex		St. Scholast	32.00	32.03	1
2 Plaetz, Jennifer		St. Scholast	32.00	32.64	1
3 Dalton, Sarah		Bemidji Stat	32.22	33.44	2
4 Baillie, Alex		Minnesota-Du		34.47	2

Event 43 Men 200 Meter Hurdles

Meet Record: ! 25.14 2007 Forrest Randall, UMD  
 Field House: # 25.14 2007 Forrest Randall, Minnesota Duluth

Name	Year	School	Seed	Finals	H#
1 Randall, Forrest		Minnesota-Du	25.24	26.41	1
2 Kean, Kevin		N. Michigan	25.10	26.47	1
3 Kimpling, Paul		Unattached		27.02	4
4 Warmuth, Jimmy		Minnesota-Du	26.04	27.57	2
5 Greiner, John		St. Scholast	26.00	27.59	2
6 Combs, Mike		St. Scholast		28.68	4
7 Knight, Jonny		Uw-Superior		29.28	3
8 Trom, Dom		Bemidji Stat	31.88	30.82	2
-- Schoenberger, Mike		Minnesota-Du		DQ	3